

WINTER SCHEDULE 2017

February 27-April 13

Monday and Wednesday -2 x a week-\$224 (16 classes)

NOTE: Mondays and Wednesdays are only TWO days a week. You must pay for BOTH days to do M/W

Tues Only\$112 (7 classes) or Thurs Only \$112 (7 classes)

Friday only \$96 (6 classes)

Saturday or Sunday only \$96 (6 classes)

MONDAY & WEDNESDAY

14 classes

\$ 196 2x/week

4:30-5:00	Silver Squad & Gold Squad & Dolphin
5:00-5:30	Superfish & Dolphin
5:30-6:00	Superfish & Turtles
6:00-6:30	Superfish
5:00-6:30	<i>DIVING Mon/ Wed/ Thurs *Meets 3 x a week-\$360*</i> <i>*Must be at least 9 years old*</i>
5:30-8:30	Cape Cod Firefish Swim Team: Must complete Gold Squad *email brvandyk@comcast.net for details

TUESDAY OR THURSDAY

\$112 each

4:30-5:00	Silver & Gold Squad
5:00-5:30	Superfish & Dolphin
5:30-6:00	Superfish & Turtles (Turtles are TUESDAY ONLY)
6:00-6:30	Superfish
5:00-6:30	<i>DIVING Mon/ Wed/ Thurs *Meets 3 x a week-\$360* *Firefish rate \$300*</i>
5:30-8:30	Cape Cod Firefish Swim Team: Must complete Gold Squad *email brvandyk@comcast.net for details

FRIDAY

6 classes

\$ 96

4:30-5:00	Silver & Gold Squad & Dolphin
5:00-5:30	Superfish & Dolphin & Turtles
5:30-6:00	Superfish & Silver Squad
6:00-6:30	Gold Squad
5:30-8:30	Cape Cod Firefish Swim Team: Must complete Gold Squad *email brvandyk@comcast.net for details

SATURDAY ONLY

6 classes

\$96

8:30-9:00	Tadpoles & Superfish & Beginner Diving 5-8 years old
9:00-9:30	Tiny Tots & Turtles
9:30-10:00	Tadpoles & Superfish
10:00-10:30	Superfish & Dolphin
10:30-11:00	Superfish & Dolphin
11:00-11:30	Silver & Gold Squad

SUNDAY ONLY

6 classes

\$96

9:30-11:15	Adult Masters/ Clinic 9:30-10:15 workout 10:15 -11:15
9:30-10:00	Superfish
10:00-10:30	Superfish
10:30-11:00	Turtles & Superfish
11:00-11:30	Superfish & Dolphin
11:30-12:00	Dolphin & Superfish
11:30-12:30	Swim Team <i>LIGHT</i>
11:30-12:30	FAMILY SWIM IS BACK!!!! \$20 per family-this includes 2 ADULT/3 KIDS under 18 \$ 5 each additional KID under 18 *Please Note: 1 ADULT per 5 children -thank you!
12:00-12:30	Silver & Gold
9:30-11:30	Adult Lap Swim Available all day-Punch card 8 visits for \$128



Contact us at our office: 230 Jones Road Suite 4 Falmouth, MA 02540 (508) 540-0411 www.aquasafecapecod.com